

COMPUTER COURSES

ALL CLASSES ARE ON MONDAYS

INTERMEDIATE COMPUTERS (7.30-9.00 pm) €110
For those who have completed a basic computer course. Covers word processing, spreadsheets, the internet & email. **Early booking is needed. Enrolments close on the 3/9/25. 6 weeks**

CERTIFIED COURSES

QQI LEVEL 5 BOOKKEEPING AND PAYROLL (7.00-9.30pm) €500
The Bookkeeping Manual and Computerised module will equip the learner with the knowledge, skills and competence to produce and maintain accurate bookkeeping records for a range of organisations, using manual and computerised systems. This component aims to equip the learner with the knowledge, skills and competency necessary to enable them to operate and maintain accurate payroll records, using manual and computerised systems for any organisation, irrespective of size. This course contains a total of 30 ECTS credits. **13-15 weeks**

SNA (SPECIAL NEEDS ASSISTANT) QQI LEVEL 5 (Mondays 7.00-9.30 pm) €330
This course is designed to facilitate learners who intend to work with children with special needs in an educational /care setting. Run in partnership with the College of Progressive Education. Applicants will also be required to obtain 30 hours of work placement. Students must complete the Garda Vetting process before commencing work placement. Continuous evaluation is the sole method of assessment. **12 weeks**

SNA (SPECIAL NEEDS ASSISTANT) QQI LEVEL 6 (Tuesdays 7.00-9.30 pm) €330
For learners who wish to progress from QQI Level 5 to a QQI Level 6 qualification. Further develop skills, knowledge & understanding of the role of the Special Needs Assistant & promote good practice among those working in the school system. Applicants will also be required to obtain 30 hours of work placement. Students must complete the Garda Vetting process before commencing work placement. Continuous evaluation is the sole method of assessment. **12 weeks**

QQI LEVEL 6 THERAPEUTIC PLAY SKILLS (Tuesdays 7.00-9.30 pm) €330
The purpose of this course is to equip the learner with the knowledge, skills and competence to use play as a therapeutic medium in a range of early years and special needs settings to facilitate young people, focusing on children's specific needs in relation to holistic development. **12 weeks**

ONE DAY WORKSHOPS

AROMATHERAPY (6.00-9.00pm) €50
During this workshop, students will have a hands-on approach to making essential oil-based products to use at home. You will be introduced to crafting candles, soaps, balms & remedies. A fun workshop for all ages. Materials cost included. **1 night. 10/11/25**

CPR & DEFIBRILLATOR (6.00-9.00 pm) €90
PHECC Cardiac First Response. Certificate of Completion valid for two years. **1 night. 13/10/25 6 places**

MANUAL HANDLING *NEW* (6.00-9.00pm) €90
Instructions on manual handling techniques. Topics covered: health & safety regulations, basic anatomy of the musculoskeletal system, 8 principles of safe lifting. **1 night 15/9/25**

SPORTS INJURY (6.00-9.00 pm) €60
This course will provide participants with the skills to treat common injuries that occur during your clubs' sporting events. The course will also enable participants to provide first aid interventions until the arrival of a club First Aid Responder or the Emergency Services. It will cover scene safety, head injuries, bleeding fractures sprains, and strains. **1 Night 24/11/25**

SKINCARE, TINT & TAN (6.00-9.00 pm) €50
Unlock the secrets to radiant skin with our Skincare Facial Tint and Tan Workshop! Join us for tips, hands-on techniques, and a glow like never before. Make some natural beauty products to let your skin glow. **1 night 24/11/25**

**Classes are available in
Basketball, Volleyball, Pickleball,
Karate, Judo and Fitness Classes
for adults**

POSTAL ENROLMENT FORM

Completed enrolment forms with cheque/postal order made payable to Ashbourne Community School & addressed to the **Adult Education Office, Ashbourne Community School, Ashbourne, Co. Meath. A84 T925.**

Name:

Address:

Mobile Contact Number:

Home Contact Number:

Email Address:

1st Choice Course:

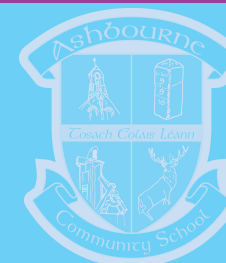
Fee: €

2nd Choice Course:

Fee: €

ENROLMENT CONDITIONS

- Fees cover tuition & use of building only. Materials used are at the discretion of tutors & must be paid for separately.
- Formation of course depends upon demand & availability of tutor.
- Courses are only provided for those over 16 years of age.
- Your receipt is your admission ticket to your course.
- Fees once paid are **STRICTLY NON-REFUNDABLE**, unless a class is not formed, in which case the fee will be returned by post as soon as possible.
- If a course is booked to capacity, we will contact the applicant & offer them their 2nd choice or a full refund.
- No deposits will be accepted as booking on a course.
- Postal enrolment students will **only** be contacted in the event of a class being full or due to a cancellation of a class.
- All students attend at their own risk & the Board of Management cannot accept any responsibility for injury to any person or for property mislaid on the premises.
- Rooms (computer rooms & classrooms) are available for hire at reasonable rates for committee meetings, discussion groups, etc.



Ashbourne Community School

Community Education Programme AUTUMN 2025

Enrolment Details

To avoid class cancellations please book early

1. Online – www.ashcom.ie/adulted
2. By phone-landline 018353007
3. Postal Enrolment – see brochure

Classes are on Mondays commencing on Monday 22nd September 2025 excluding SNA Level 6, Therapeutic Play Skills Level 6 and one evening workshops

Online enrolment is now available for all courses



Find us on
Facebook
www.facebook.com/acsadulted

Find us on Instagram
www.instagram.com/adulteducation_acs

Arza Beharic Adult Education Director
Paula Heavey Adult Education Assistant

Email: adulted@ashcom.ie
Website: www.ashcom.ie/adulted

ANIMAL CARE (7.00-8.30pm) €130
An introduction to the care and welfare of a range of animals including companion animals, large animals, small mammals, exotics and more! It is an ideal starter point for individuals interested in learning about animal science. **8 weeks**

BEAUTY SKINCARE TINT & TAN *NEW* (7.00-9.00pm) €130
Unlock the secrets of radiant skin with classes on skincare, facial routine, tints, and flawless false tan application! Discover the best products and tips for achieving that perfect glow. Make natural beauty products for your skin to glow. **6 weeks**

BEGINNERS BALLROOM & LATIN AMERICAN DANCING (7.00-8.00 pm) €75
In this class, we teach basic Slow Waltz, Quickstep, Samba, Jive, and Cha Cha Cha. We like to encourage a fun and friendly atmosphere. This class is designed for beginners, so be brave and join now! Why not bring a friend? **8 weeks.**

BRIDGE _BEGINNERS LEVEL 1 / 2 (7.00-9.00 pm) €120
Bridge is for life. Keep the mind active & the memory in shape. **9 weeks.**

BEGINNERS PHOTOGRAPHY (7.00- 9.00 pm) €125
This beginner's photography course will explore the three main settings: ISO, Aperture, & Shutter speed through class demonstrations and weekly assignments. This will give you the basics to be more creative with your photography by controlling light and movement. Other genres of photography we will explore will be studio lighting, nighttime photography, still life, portraiture, and the rule of thirds. **8 weeks**

CLASSIC EYELASH EXTENSION COURSE *NEW* (7.00-9.00 pm) €80
Learn how to apply classic eyelash extensions. Application training and demonstration. If you are creative and have an interest in beauty, then this course is for you. The cost of the kit €99 (paid to the tutor on the first night) Mondays 7-9 pm **6 weeks**

CONNECTING TO OURSELVES *NEW* (7.00- 8.30pm) €110
Using hands-on healing, develop the ability to feel your energy. Increase your self-awareness, life force, and overall well-being. **8 weeks**

CRAFT CIRCLES (7.00-9.00pm) €130
Each week you will be given a new craft project to try. Projects include Diamond Art (new project for returners), Needle felting, Embroidery, Macrame (new project for returners), Clay Work Sequin Art ornaments . **Early booking is needed to run the class. 6 weeks**

CREATIVE SERENITY: DRAWING COURSE (7.00-9.00 pm) €120
We will use drawing to meditate and relax your mind. This class is for all levels. The material required will be a drawing notebook, and a few markers. **8 weeks**

CREATE AND CRAFT WITH AROMATHERAPY (7.00-9.00pm) €140
Make aromatherapy products from candles, soaps, bath salts, and rollerball remedies and gain knowledge of essential oils & how to use them to benefit a healthier lifestyle. Materials cost included. **8 weeks**

CREATIVE WRITING (7.00-9.00 pm) €130
This course provides a forum for people who are interested in developing their skills in writing be it compositions, articles, short stories, etc. **8 weeks**

DRAWING/SKETCHING/PAINTING (7.00-9.00 pm) €115
Explore your creativity, by looking at a variety of techniques & media. Starting with charcoal and pencil drawing, using chalk and oil pastel to depict landscapes & still life. Introduction to watercolour & acrylic painting. Topics include composition, depicting human form & colour mixing. No experience is necessary. **8 weeks.**

ENGLISH AS SECOND LANGUAGE-BEGINNERS (7.00-9pm) €140
Learn to communicate in everyday situations for life in Ireland. **9 weeks.**

ENGLISH AS SECOND LANGUAGE-INTERMEDIATE (7.00-9.00 pm) €140
This course is suitable for those who have a good knowledge of speaking, listening, reading, and writing English, and who wish to practice and improve speaking fluency, vocabulary development, and grammatical structures. **9 weeks.**

FLORAL DESIGN (7.00-9.00pm) €100
Learn techniques & artistic ways of flower arranging for the home from an award-winning florist (Multiple Chelsea and Bloom Medal Winner). Small extra cost each week to cover flowers. **8 weeks.**

FRENCH-BEGINNERS (7.00-9.00pm) €140
This course is designed for non-native French speakers and is suitable for complete beginners. The primary aim is to develop basic communication skills, focusing on listening and speaking. **9 weeks**

FRENCH -IMPROVERS (7.00-9.00pm) €140
This course is suitable for those who have some knowledge of the language. **9 weeks**

FUN FITNESS WITH LATIN IN LINE (8.05-9.05pm) €75
Want to keep fit with Latin styles and moves to great dance music? Suitable for all adults and all fitness levels. **8 weeks**

GET TO KNOW YOUR SEWING MACHINE (7.00-9.00 pm) €140
Learn how to use your sewing machine, thread the bobbin, use of pedal, create seam allowances, basic stitches, etc. Make a pin cushion, tote bag, cushion cover, and roll up tool case. Cost of materials included. **8 weeks**

GOLF – BEGINNERS & IMPROVERS (7.00-8.00 pm) €80
Master the basics and improve your game with instructions from a qualified pro. Classes at Ashbourne Golf Club. **7 places. 6 weeks.**

GROUP HYPNOSIS CIRCLE *NEW* (7.00-8.30pm) €90
Alleviate stress and anxiety, increase confidence, and promote a sense of inner well-being. **6 weeks**

GUITAR-BEGINNERS (7.00-9.00pm) €130
Beginners are introduced to chords, chord progression, understanding tone, timing, key, and fingerpicking. **8 weeks**

GUITAR-IMPROVERS (7.00-9.00pm) €130
For those who have some knowledge of guitar and wish to improve their skills. **8 weeks**

ITALIAN – BEGINNERS (7.00-9.00pm) €140
Ciao a tutti! For beginners & those with a smattering already. Build your confidence in speaking & using the language in a fun way with a native speaker. **8 weeks.**

IRISH CONVERSATION *NEW* (7.00-9.00pm) €150
Build confidence speaking Gaeilge in a fun, relaxed setting. Minor grammar covered. For everyday life situations. **9 weeks**

MAKE AND BAKE (7.00-9.00 pm) €110
A perfect class for anyone wanting to roll up their sleeves & get started in the world of baking. From basic yeast to cakes and desserts, this course covers many aspects of the craft with the goal of turning beginners into confident bakers. **8 weeks**

LOVE MAKE UP (7.00-9.00pm) €100
Learn how to use your current makeup & brushes & techniques. Discover how to create an everyday makeup look & how to change it into an evening look. Learn your skin type & the products that work best while having fun along the way! **6 weeks**

METALWORK AND WELDING FOR BEGINNERS *NEW* (7.00-9.00pm) €150
Learn a new craft skill and all the aspects involved in metalworking from the comfort of a fully equipped engineering classroom. Individual PPE is required from week 2. (overalls, welding mask, boots, gloves) €45 paid to tutor for course materials. **8 weeks**

PILATES (8.05-9.05pm) €75
A series of non-impact exercises designed to develop strength, flexibility, balance & inner awareness. Suitable for beginners to advanced levels. **Bring your own mat. 8 weeks.**

SPANISH -BEGINNERS (6.00-7.30pm) €130
On your next visit to a Spanish-speaking country immerse yourself in its culture by communicating in a simple but effective manner! **8 weeks**

SPANISH -IMPROVERS (6.00-7.30pm) €130
For those who already have some knowledge of the language. **8 weeks.**

SINGING CLASSES *NEW* (7.30-9.00 pm)
Our musically qualified leaders will teach you vocal techniques to find and improve your voice, work on your breathing control and help you develop your vocal range so you know where you will fit in the chorus. **Starts 8th September.** Email adulted@ashcom.ie for more details

YOGA (Mondays) (7.00-8.00 pm) €80
Gain strength, stamina & flexibility, through movement, breath & guided relaxation. Learn to focus the mind! Practice key yoga poses. Bring your own mat. **9 weeks.**

YOGA (Tuesdays) (7.30-8.45pm) €90
Improve your balance and posture. Gain strength & flexibility. Teaches effective breathing techniques and helps to reduce stress. **9 weeks**