

Hi all,

Welcome to the Mental Health section on our school's webpage. This section was originally set up by the Transition Year YSI group True Wealth Is Mental Health.

As a school and as a community we should be raising more awareness. We decided to use our school platform. We set up this mental health section on our school website as a way to raise awareness on the topic of Mental health.

School has one of the biggest impacts on a student's mental health as a student's energy level, concentration, dependability, mental ability, and optimism can hinder performance and affect their mental health. Research suggests that depression is associated with lower grade point averages, and that co-occurring depression and anxiety can increase a negative impact on mental health.

We will be uploading a support information leaflet for our school and the wider community designed by TY student Katelyn Brady. If there are any other support agencies please contact us and we can add them to the list.