

# TY Bulletin

## Autumn 2021

charliemackesy



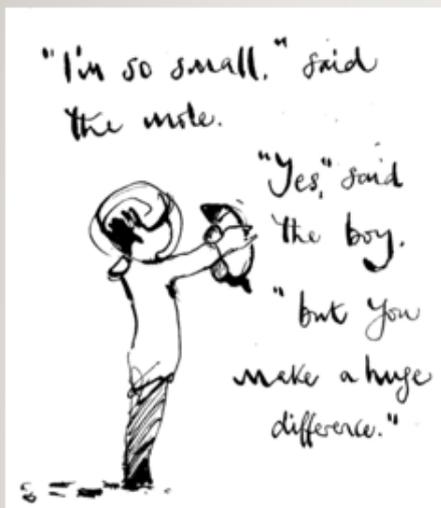
- TY Year Head – Mr O'Shea
- TY Coordinator – Ms Mathews
- Deputy Principal – Ms Kelly

Our TY tutor groups are called after inspiring current Irish sports stars

- Blackmore – Tutor: Ms Kavanagh
- Coyle – Tutor: Mr Leahy
- Lowry – Tutor: Mr Sheerin
- Smyth – Tutor: Mr Murphy

### TY THEME 2021-22

#### Play Your Part



Let's be positive & think about all that we can do during TY individually or as a team

Every TY student individually or in a team, can take part, find solutions, be the difference & impact positively on your own life at home, in school & in your community, & in the lives of others

TY is about developing your skills, thinking outside the box, & finding ways to play your part – or even lead the way

# September 2021

## Be a leader message

As we welcomed our students, back to ACS in late August and early September 2021, we encouraged them to watch out for others. Take it a day at a time. If students need help or advice, please just ask. We extended a warm welcome to our 1st Years and wished them the best as they begin their secondary education journey. It can be daunting, but we are very much looking forward to everyone being part of our ACS community. #WeAreACS

## TY Subject Choice Programmes

In late August 2021, TY students were emailed links to read up on 3 programmes which could be part of their TY option subjects. These are GAA Future Leaders, BT Young Scientist and Young Social Innovators. All was explained further on Tuesday afternoon 31st August 2021. TYs had time to discuss the option groups with their parent/guardian before making their choice of subject option group, which was via an email link to a MS Form.

## TY Journalists

In ACS we are lucky to have so many staff members willing to give their own time outside of classes to develop the skills of our students.

Ms Pike will mentor our TY Journalists again this year, encouraging them to research, report, compile, proofread and publish articles on school activities as well as national issues. Students applied through a MS Form for this role. Their articles have been and will be published on our social media and in our TY Bulletins across the year. TY Journalists are Amber Finlgas, Olivia Hanley, Aoife Rooney, Stephen Jordan, Eve Flannery, Ella O'Driscoll, Jessica Walton, William Carr, Sophie Coughlan, Amy Spratt, Aoibheann Shortt, Alannah Dunican and Alannah McKane. **Articles in the bulletin will be highlighted in green.**

## To ALL Students Returning to School

### If you see any of the following:

- \*another student struggling to make friends
- \*another student being picked on
- \*a student who is new, shy, or not with the "in crowd"
- \*a student who is eating lunch alone

### Be a Leader! Be a Warrior!

Say hi. Smile at them. Ask if you can sit with them. Include them. You never know what that person is facing inside or outside of school.

**YOUR KINDNESS WILL MAKE A DIFFERENCE IN SOMEONE'S LIFE**



### **Ashbourne Rugby Club Success**

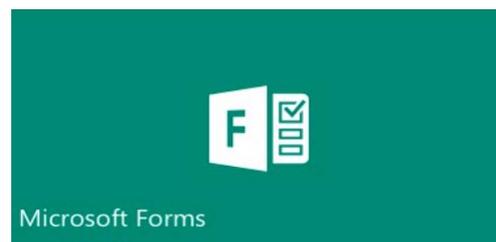
Well done to ACS students and [Ashbourne Rugby Club](#) players, TYs Sean Lambe and Danny Holmes and 5<sup>th</sup> Year student Enda O'Brien, who were part of winning North East Leinster side who played in the second round of the U-17 Shane Horgan Cup games on Wednesday 25th August 2021. Great performances by the lads - congrats. Pictured with their [Ashbourne Rugby Club](#) team mate Cathal.

Photo credit: [Ashbourne Rugby Club](#)



### **TY Option Subject Choices**

An email with a LINK to a MS Form with 9 questions was emailed to all TY students to complete by 12 noon on Wednesday 1st September 2021. It was great to welcome the 119 students that are the TY group for 2021-22 to ACS on Tuesday 31st August 2021. All looking very smart in their senior uniforms.



### **Day 1 of TY and already a great opportunity for 1 student**

We are delighted to have TY student Muireann Davis representing ACS on the Walk in my Shoes TY Online Programme for 1 week at the end of November 2021. The programme will take place online, and include a virtual tour of St. Patrick's University Hospital. The programme includes numerous interactive elements and activities, including the mock MDT (multi-disciplinary team) meeting, adapted for online delivery. Muireann will also take part in project work to develop a mental health presentation, to be delivered then in ACS. The programme aims to build each participant's mental health awareness and gives them first-hand insight into the delivery of mental health care and treatment. Muireann applied for the place during the summer and we received the email on Monday 6th September 2021 that she was lucky enough to get 1 of the limited places. [#WalkInMyShoes](#)



### **Green Team Presentation**

A big thanks to Ms Hughes who made a presentation to TYs in Life Skills on Monday 6th September 2021. Ms Hughes will continue to work with interested TYs on current and new initiatives this year. We are very lucky to have her as a facilitator and mentor. The



presentation and a link to apply for one or more of the initiatives were emailed to all TYs. TYs are asked to "Play Your Part" in TY and in global climate issues. [#greenschools Green-Schools](#), An Taisce.

### TY Work Placement Workshop

On Friday 10th September 2021 on MS Teams, attended a work placement workshop with Ms Mathews ahead of their first day of work placement on Monday 17th September 2021.

### Thinking of those we have lost.

Post from Pieta House, Preventing Suicide and Self Harm.

On 10th September, on World Suicide Prevention Day, we can all create hope through action by:

- Reaching in 🖐️ talk to someone you know who might be struggling or to someone who you know has struggled before.
- Reaching out 🖐️ If you are feeling particularly low or hopeless reach out. This could be to someone you know or to Pieta.
- Learning 🖐️ If someone tells you they have been thinking about suicide, stay calm and don't be afraid. Pieta can help or there are plenty of online resources. The HSE, Samaritans and our website all have guides and resources online.

### Celtic Adventures Activity Workshops

On Wednesday 8th and Thursday 9th September 2021, TYs and LCAs had their first team building half day workshop with [Celtic Adventures](#). Thanks to all the staff who supervised and sent on photos. [#teamwork](#)





### National Bike Week

From 12th to 18th September 2021 was National Bike Week. The ACS Green School's Committee and the [#andshecycles](#) ambassadors would like to encourage all students who can, to cycle to school and make use of our new bike shelter. Thanks to [@GreenSchoolsIre](#) for this fantastic facility. Don't forget your high vis and helmet!



### TY Opportunities

In Life Skills on Monday 13th September 2021, TYs got the chance to hear about all the initiatives which we are available in TY in ACS so far. 6 days into TY there were opportunities for:

- Foroige Leadership for Life Programme,
  - Gaelbhrtach,
  - Cycle Against Suicide,
  - TY Journalists,
  - Jessica Plunkett Acting and Drama Course,
  - Student Council,
  - Gaisce President's Award,
  - STEPS Engineering Your Future,
  - Green Schools,
  - Pulchra,
  - [#andshecycles](#),
  - Ashbourne Green Spaces,
  - Project One Sky Wellbeing Certificate Course
- Work Placement,  
as well as a number of TY programme opportunities. There will be many more opportunities..... Something for everyone. Chances for TYs for active learning in new areas outside of their comfort zones.

[#TYtheme](#) [#PlayYourPart](#)



### World of Science

Ms Dornan's TY World of Science class investigated aerodynamics on Wednesday 15th September 2021 by making air darts. They tested how far they could travel and improved their designs by adding nose cones and fins.

### Concussion Coach Certificate Course

TYs and LCA students will have the opportunity to complete a variety of certified courses across the year. During the week of the 13<sup>th</sup> September 2021, they started and many completed The Concussion Breakdown Online Course. This course covered areas such as Concussion 101, Reporting Concussion, Concussion Management, Return to Learn/Work, and Return To Play, followed by a post-course assessment. It includes continuous recap quizzes, downloadable content, specific to-do lists for each stakeholder, and a post-course Certificate of Completion (if you pass the assessment with 80% or more). The objective of the course is to enable all stakeholders to understand and safely manage incidents of suspected concussion, from the moment of suspected injury to the return to learn, work, and play. Those on work placement are encouraged to complete the online courses during the week as homework. Upskilling and learning through the completion of these online courses will continue through school, college and working life. #LifeSkills

### Road Safety Awareness Week

Road Safety Awareness week in ACS was Monday 20th to Friday 24th September 2021. In SPHE classes teachers explored what the term meant; Road traffic safety refers to the methods and measures used to prevent road users from being killed or seriously injured. As we all returned to the routine of travelling to and from school each day it is important to remember "Go safe, move safe, leave safe, home safe."



## The Concussion Breakdown

The Concussion Breakdown is an online educational course on concussion, created by Concussion Coach, specialist provider in concussion education. Suitable for athletes, students, coaches, parents/guardians, school staff, and more.



### Teamworks Workshops

On Tuesday 14th September 2021, each TY base class took part in a 2 hour teambuilding workshop. Great teamwork, great fun and super weather. Thanks to the team from Teamworks. [#TY](#) [#teambuilding](#)



### Movie Magic Workshops

TY base classes had a fantastic half day workshop with [MOVIE MAGIC for TY](#) on Monday 20th and Tuesday 21st September 2021. Thanks to Susan and Lavinia for 4 brilliant workshops. The TYs worked great together in their teams and made fantastic videos. Perhaps a career in acting or as a film director awaits some students. Well done all. [#teamwork](#) [#TY](#)



### Farewell Mr Finnegan

What a fabulous cake. Thanks to Mr Declan Finnegan who called back to ACS on Thursday 23rd September 2021 with this fabulous cake for the staff. We wish Declan the best of luck in his new school.



### Gaisce

Thanks to Ms O'Connell, our trained ACS Gaisce PAL - President's Award Leader for her detailed presentation to TYs on Monday 27th September 2021. There was great interest from the TYs. Gaisce or 'great achievement' is a self-development programme for young people between the ages of 15-25 and has been in existence since 1985. [#gaisce](#) [#achievement](#)  
<https://www.gaisce.ie/bronze-award/>

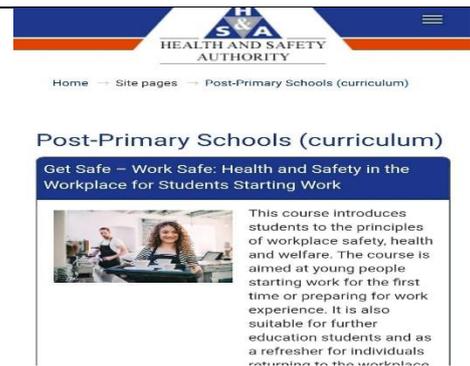
Gaisce Awards	Personal Skill	Community Involvement	Physical Recreation	PLUS	Adventure Journey	Residential Project	Portfolio	AWARD
<b>Bronze Award</b> Participants aged 15+ Registration €15	1 hour per week	1 hour per week	1 hour per week	Additional 13 weeks of activities in any one of the Challenge Areas	2 days, 1 night (Expedition or Exploration)	X	X	BRONZE AWARD
<b>Silver Award</b> Participants aged 16+ Registration €20	1 hour per week	1 hour per week	1 hour per week	Non-Silver Awarders undertake an additional 26 weeks in any one of the Challenge Areas	3 days, 2 nights (Expedition or Exploration)	X	X	SILVER AWARD
<b>Gold Award</b> Participants aged 17+ Registration €25	1 hour per week	1 hour per week	1 hour per week	Non-Silver Awarders undertake an additional 26 weeks in any one of the Challenge Areas	4 days, 3 nights (Expedition or Exploration)	4 nights, 5 days Residential Project	Portfolio	GOLD AWARD

With exception to the Adventure Journey, each challenge area requires a minimum participation of 1 hour per week for 13 weeks. The Adventure Journey takes place over a minimum of 2 days and 1 night. An additional 13 weeks must be completed in one challenge area of your choice. This could be an activity you really enjoyed, or an activity in which you feel you still have room for improvement. As a result, it will take at least 26 weeks to complete your Bronze Award, however everyone is free to complete the award at their own pace.



### HSA Get Safe - Work Safe course: Health, Safety and Welfare in the Workplace

During the week of 20th September 2021, our TY, LCA and LCVP students completed the HSA Get Safe - Work Safe course: Health, Safety and Welfare in the Workplace for students starting work and work experience. It covers employer and employee duties, hazards and risks, as well as safe decision making. Well done to all who completed it and added it to their achievements in their CV. [#WorldOfWork](#)



## October 2021

### Thanks to TY Journalist Amy Spratt for this article on the Head Students Trip to Gaelscoil na Cille during Road Safety Awareness Week.

On Monday 11th of October, two of our senior head students, Josh, and Lisa, visited Gaelscoil na Cille to deliver a presentation on the importance of road safety through Irish to 6th class students. I was interested in finding out more and interviewed them. The day started with a 15-minute preparation meeting with Ms. Hanahoe, SPHE Coordinator. Here they went through the presentation that was going to be shown to the students. When they arrived in Gaelscoil na Cille, they met with the principal, the 6th class teacher, and the 6th class students. Josh and Lisa introduced themselves and explained their roles as Head Students in our school.

They used positive road safety awareness points along with a video that the previous head students made to get their message across. I asked them how the students reacted to the presentation. They said they received all positive feedback from the class. They were shy to start but by the end they were asking and answering a few questions. Through using the presentation, the Head Students wanted to alert the 6th class students to the importance of road safety now more than ever with the increase of electric scooters. They also wanted to reinforce the message for the students of how vital it is to wear helmets and high visibility jackets.



Josh and Lisa asked the students to encourage family and friends to do the same. This is because of the shorter evenings come and an increase in the traffic around Ashbourne, making this message so important to share.

The last question I asked them, was giving their presentation an enjoyable experience. They said that it was a beneficial experience to improve their Irish speaking skills but at points was a little challenging. The Head Students want to link with the Gaelscoil considering how close the schools, and the fact that the 2 schools share a common interest and love, for speaking and learning the Irish language. They liked that it was "in person" and not over zoom and they felt they got their message across clearly.

I would like to thank Josh and Lisa for taking the time to speak to me.

Written by Amy Spratt, TY Journalist

**Thanks to TY Journalist Jessica Walton for this article on the Movie Magic Workshops in September 2021.**

On Monday 20th and Tuesday 21st September 2021 all TY students took part in a Movie Magic Workshop. Movie Magic is a series of interactive, hands-on video production workshops which covers camera techniques, editing, green screen, sound and visual FX. Combining the arts with technology, the iPad acts as the camera, edit suite and greenscreen studio promoting STEM education. This was a brilliant workshop. Susan and Lavinia gave us good advice and an insight into working in the media industry. All TYs enjoyed this workshop as there were many options and it was creative and active, e.g., making a short movie, music video, news report, etc. I enjoyed this workshop as it involved teamwork and use digital technology. We developed many skills including creativity, time management and practical skills. It was a great opportunity to learn a new skill. Thanks to Susan and Lavinia for coming back to ACS again this year.

By Jessica Walton, TY Journalist

**Thanks to TY Journalist Eve Flannery for this article on the Foróige Leadership for Life Programme.**

On Monday 4th October 2021, a group of 60 students in TY started Foróige Leadership for Life Programme. Ms McLoughlin, Ms Mathews and Ms Kavanagh are trained facilitators for the programme. In all 77 students in ACS are currently taking part in the programme, 60 in TY and 17 in LCA. The programme empowers young people with leadership capabilities to reach their full potential and have a positive impact on the world around them. It allows young people to learn, practice and develop the core soft skills they will need in their future lives. This is a 15-week leadership programme to help students to become a good leader by building different skills like confidence, communication, teamwork and self-esteem. Students do different teamwork activities to help them interact with others and to get familiar with their peers in the classroom. Students are given a workbook for 15 weeks to access their progress. There are



reflections after each session to report on what has been learnt. There are many activities to do which are fun and active, but also are helping with key skills which will benefit all students in the future. Students are feeling excited, motivated, and ready to take part in this great programme. Foróige is also linked with The Ashbourne Youth Club. A small group in TY will promote the club by working together with students from DeLacy. They will create a promotional video and change the mural on the window. This is a great way to take part in our local community and meet new people! It is a great opportunity for the students involved.  
By Eve Flannery, TY Journalist

**Thanks to Stephen Jordan for this article on The School of Life TY Workshops.**

On Wednesday 6th and Thursday 7th October 2021, all TY classes took part in an etiquette workshop called “The School of Life”, run by a lady called Michelle Harding. In School of Life, etiquette has 3 core principles: Kindness, Consideration and Respect. She advised us to remember, in life or business, you may not always consider the importance of etiquette, but your target audience might. The noun "etiquette" describes the requirements of behaviours according to society. It includes the proper conduct that is established by a community for various occasions, including ceremonies, court, formal events and everyday life. She taught us life skills how to iron a shirt, table manners for formal occasions, how a table is set formally and how to behave in an interview. It was a really interesting way to spend some time in TY learning skills for life. TYs thoroughly enjoyed it and behaved exceptionally well. Just another example of what goes into a day in ACS and how no two days are the same!  
By Stephen Jordan



### Ms Connolly's Retirement

After 23 years of service at ACS, Ms Jackie Connolly retired today 1st October 2021. Jackie, a valued Business, Accounting and Maths teacher and Adult Education Director, has also been a member of the Board of Management a number of times across the years. She has been a valued teacher, colleague, advisor and friend. We wish Jackie good health and happiness as she begins her retirement. 37 years of teaching in a job that you always loved. Enjoy and thanks Jackie. Staff and students of ACS



### SPHE

Ms Lennon's TY SPHE class, Lowry, were busy making positive mental health jigsaw puzzle pieces to promote mental health around the school before World Mental Health Day. They used jigsaw pieces to symbolise how speaking about our mental health is an important component in our lives (or piece to our jigsaw)! World Mental Health Day 2021 was on Sunday, the 10th of October. Thanks to Ms Lennon for the info and photos.



### Virtual Open Day 2021

Once again we unfortunately cannot welcome 6th class students to the building for an open day so we hope this video gives a good idea of what we do here in ACS. We look forward to seeing you all next year.

<https://youtu.be/akVXFbapjJU>



### World of Science

Students explore the field of Biomedical Engineering. After discussion of the Musculoskeletal System, students make models of human hand with tendons. Tendons are damaged and students use a variety of tools to repair the tendon so the hand can function again. Thanks to Ms Kendall for these photos and info on TY Science class.



### Happy National Tree Day 2021 🌳.

#### Thursday 7th October 2021

Trees are good neighbours, get out and enjoy them in their autumn glory. Better still, plant a tree on Thursday 7th October 2021. Ireland has only 11% tree cover, one of the lowest rates in Europe. TY students are pictured here

bulb planting to enhance trees planted by previous generations of students.  
#bulbsforbees #pollinatorplan @clim\_ambass  
@greenschools #biodiversity

### Crocus Project 2021

On Thursday 7th October 2021, TYs Ella O'Driscoll, Richard Dunne, Patrick Moran and Muireann Davis took part in the 2021 Crocus project. They planted crocus bulbs in memory of the 1.5 million Jewish children who perished in the Holocaust and thousands of other children who were victims of Nazi atrocities. The yellow flowers recall the yellow Stars of David that Jews were forced to wear under Nazi rule. The crocus bulbs should bloom around the end of January about the time of the international Holocaust Memorial day on the 27th of January. Thanks to Ms Ryan for the photos and info.

### Together For Homeless Clothes Collection

20 bags of donations delivered to Lindsay in @lemonthyme\_cafe on Friday 8th October 2021, to bring to Grafton Street for @togetherforhomeless on Monday 11th October 2021. Thanks to all who donated and to TY students Amy O'Leary and Sarah Moore who categorised and labelled the donations on Friday 8th October 2021.

**World Mental Health Day 2021. Look out for each other every day. 10th October 2021.**



charliemackesy



### Climate Action Week Monday 11<sup>th</sup>-Friday 15<sup>th</sup> October 2021

For #climateactionweek our Climate Ambassador applicants are leading by example and taking their #climatepledge as they strive to play their part. Join in and decide what change you can make towards protecting our fragile planet. #ClimateActionWeek @clim\_ambass. Thanks to Ms Hughes for the photo and info.



### TY hoodies 2021-22

TY hoodies arrived on Monday 11<sup>th</sup> October 2021. TYs wear your hoodie with pride and remember that you represent all that is great about TY and ACS every time you wear it. You all look very smart in them. ❤️ Please don't tumble dry the hoodies as it will ruin the design on the back. 🙈 Thanks to Sinead from local company **Embroider Me** who supplied our TY hoodies again this year. They are fantastic and Ms Mathews is delighted with her TY cushion to go with the TY tote bag from last year.... a great keepsake to have of the TY groups. TY student Aaron Lee did 3 days of work placement with Sinead to get the order ready last week. Thanks to Aaron L and Jessica W for modelling the hoodies in the photo. Many students helped to sort and deliver the hoodies yesterday so a big thanks to those also. It is great to see current 5<sup>th</sup> and 6<sup>th</sup> years still wearing their TY hoodies. The cost of the TY hoodie is paid for from the TY fee. #TYhoodies



### Girls GAA

Big congrats to our Senior Ladies footballers who beat St. Olivers, Oldcastle convincingly on 12<sup>th</sup> October 2021, in their return to championship action. Great to have our extra-curricular back up and running again.



### Voluntary Work

Well done to TY students Ella McAdam and Eve Whelan who started work placement on Friday evening 15<sup>th</sup> October 2021 with the voluntary organisation The Ripple Effect. This organisation supports parents, children and teens with a variety of learning difficulties. The girls took part in 3 great sessions of



Activity Group in Clontarf. Activities included playing games, dancing and chatting together. Great to hear very positive feedback from the facilitators so well done girls.

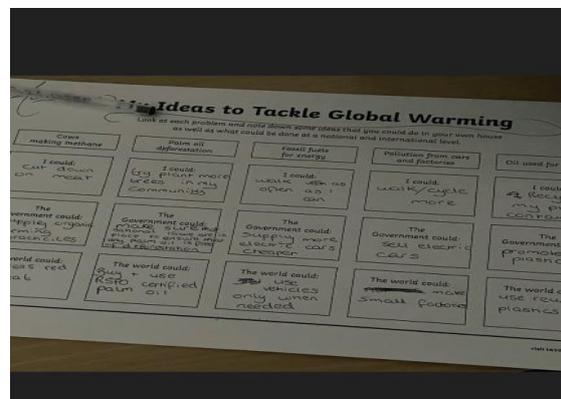
### Ashbourne Youth Centre

On Tuesday 12th October 2021, a group TY students met with Councillor Alan Tobin at the Ashbourne Youth Centre to look at the space and come up with design and promotion ideas for this fantastic space. On their return to school they got to work on their mood board of ideas. Lots of talents in this group of students including creativity, design, teamwork, ICT and video production skills. The Ashbourne Youth Centre ACS team are Eve Flannery, Olivia Hanley, Ella O'Driscoll, Amber Finglas, Sophie Donohoe, Grace Molloy, Roisin Byrne, Alannah McKane, Eve Whelan, Michael McCann, Daniel Holmes and Aidan Mackey. We'll keep you updated on their project. Great to see our students back out in our community getting involved. Mól an óige agus tiocfaidh siad.  
#Cis4community



### SPHE

During climate action week in October 2021, Ms Lennon's TY SPHE class discussed global warming. They spoke about different ideas on how we, the government and the world can tackle global warming. They came to the conclusion that we are the problem but we can also be the solution! Here are some of Class Lowry's super ideas. 🌍♻️ thanks to Ms Lennon for the info and photos.  
#TYthemePlayYourPart



### Wildflower Garden

For [#ClimateActionWeek](#) TY students plan a Wildflower garden to [#protectbiodiversity](#). Their [#climatepledge](#) to "Connect with nature" has encouraged them to welcome more wildlife into their school grounds. Thanks to [#antaisce](#) and their "Grow with us giveaway" for Zoe Devlin's fabulous book to assist us with the research. @greenschoolsire @climate\_ambass



### **Linguistics Club**

The first Linguistics Club of 2021 took place at lunchtime on Thursday 14th October 2021. Students had to work out what the spells in Harry Potter really meant, using a glossary of Latin words to help them. Great fun had by all. Thanks to Ms Slevin for the info and photos. [#Linguistics](#)



### **GK Stage Academy @gk\_stage\_academy**

On Thursday 14th October 2021, we welcomed back choreographer Grainne Kennedy. Grainne met all the base TY classes to do some dance routines, acting and teamwork activities. All in preparation for our TY Show 2022. Great fun had by all. Thanks to the Community Centre for the use their sports hall.



### **D'Mess Coping System Talk**

TYs attended a talk with Shane Mullins on Thursday 14th October 2021 organised by Garda Conor Doyle of Ashbourne Garda Station. Shane Mullins is the founder of the "D'Mess" coping system. The talk covered the personal experiences of a young man who was involved in a near fatal accident. The accident occurred when he was drink driving and left him with an acquired brain injury. He spoke about a system he developed and uses as a coping mechanism. Shane wanted to share his experiences, good and bad, with the TYs and help them to learn ways to overcome problems like he did, using the system he uses. Shane believes this system can be used in all walks of life such as mental health, physical health, addiction, etc. D'Mess stands for determination, motivation, emotion, support and social. Shane worked hard in rehabilitation to go back driving, get a number of qualifications and work full-time. His family and friends have been a great support, and exercise has helped his physical and mental health, as well as his recovery. He has done lots of voluntary work with many organisations including Jigsaw and Pieta House, and has spent time in Belarus volunteering. Thanks to Shane for making the journey to Ashbourne from Galway. Thanks to Garda Conor Doyle and Garda Diarmuid Carroll for attending yesterday's talk also.



### Team Hope Shoebox Appeal

In October 2021 we informed students by our Christmas Shoebox Appeal for [@teamhopeireland](https://www.teamhopeireland.com). Boxes donated were labelled for a boy or girl aged 2-4 yrs, 5-9 or 10-14 years.

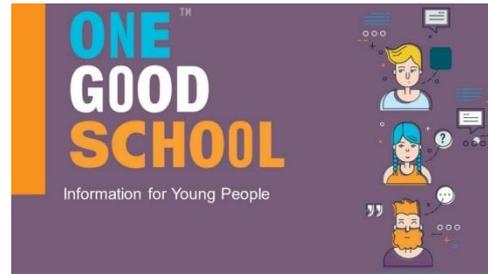
<https://www.teamhope.ie/christmas.../how-to-fill-a-shoebox/>



### One Good School

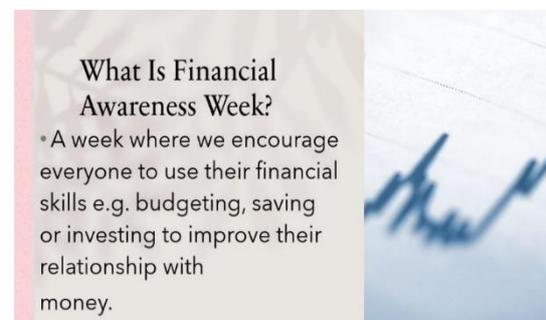
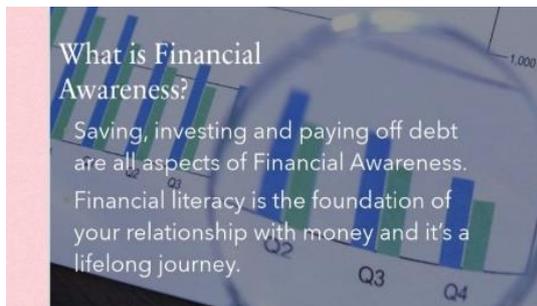
Thanks to Ms McLoughlin for speaking to TYs on Monday 18th October 2021 about the One Good School Mental Health Peer Education Programme with [@jigsawmeath](https://www.instagram.com/jigsawmeath). We are delighted to get involved with this programme having been part of the pilot programme previously. Application forms were collected from the TY office. Deadline for applications was Friday 22nd October 2021. Ms Hickey and Ms O'Dea are also part of the One Good School Team. Full training will be provided to the 4 successful TY students by the [@jigsawmeath](https://www.instagram.com/jigsawmeath) facilitators. The 4 Peer Educators will then deliver the mental health awareness workshop in pairs to JC students.

[#MentalHealth](https://twitter.com/mentalhealth)



### Financial Awareness Week

From Monday 18th October 2021, we had our ACS Financial Awareness Week. Big thanks to TY student Robert McLaughlin who created a PowerPoint presentation that was shared with all staff to use in classes. The topics around financial wellbeing were covered during SPHE, Maths and Business classes to highlight the importance of financial wellbeing, including a variety of saving tips and healthy spending habits. Thanks to Ms Hanahoe for the info. [#FinancialWellbeing](https://twitter.com/FinancialWellbeing)



How Can We Become More Aware About Financial Awareness?

- **Make a budget and stick to it.**
- **Be a conscious consumer.**
- **Have a plan and a vision.**
- **Commit to saving money.**
- **Don't Impulse Buy.**
- **Think whether it's a need or a want.**
- **Record what you buy.**



PIC•COLLAGE

Why Should We Care About Financial Awareness?

- NEARLY HALF OF IRISH PEOPLE DON'T EXPECT TO MAKE ENOUGH MONEY TO RETIRE COMFORTABLY.
- UNDERSTAND HOW MUCH YOU EARN AND SPEND AND NOT TO OVERSPEND.
- STAY AND AVOID DEBT.
- WORK TOWARD A SECURE RETIREMENT.
- PROTECT YOURSELF FROM DEBT AND BANKRUPTCY.

PIC•COLLAGE

• Saving money is important because **it helps protect you in the event of a financial emergency.** Additionally, saving money can help you pay for large purchases, avoid debt, reduce your financial stress and provide you with a greater sense of financial freedom.

**THINGS TO CONSIDER WHEN CHOOSING TO SAVE**

- 1 Determine how long you want to save for
- 2 Figure out what your goal amount is and then decide how much you're going to put away each month
- 3 Determine if your savings goal is long term or short term
- 4 Long term goal = savings plan 5 years+  
Short term goal = deposit account

???

PIC•COLLAGE

**THE 72-HOUR RULE**

Before you make any purchase, wait 72 hours. When you do, you will be able to see if the purchase is a necessary part of your budget or the regrettable part of your dream.

PIC•COLLAGE

Impactful money Quotes

Money is powerful, but only for a day or two.

A simple fact that is hard to learn is that **the time to save money** is when you have some.

**DOING A BUDGET MEANS LEARNING AN ANCIENT AND POWERFUL WORD: NO.**

PIC•COLLAGE

### Gaisce

This year 2021, NAPD, the National Association of Principals and Deputy Principals, celebrates Gaisce's 35th anniversary with Bulbs for Bees. There were over 600,000 bulbs distributed nationwide. On Tuesday 19th October 2021, TY students who recently started their Bronze Award, planted bulbs around the school. The Gaisce President's Award is for young people aged between 15-25. It is a great opportunity for students to get involved in various activities and learn vital lifelong skills. Thanks to Ms O Connell for running the Gaisce Programme in ACS every year, as the PAL, President's Award Leader. Best of luck to all the TYs starting their Gaisce journey and to some 5th years who are continuing with their Silver Award.





**Gaisce - The President's Award**

October 22 at 1:00 PM · 🌐

Great work going on in in @ashbourne\_cs with students out planting their Gaisce #BulbsForBees bulbs recently!

There's still time to register for your commemorative Gaisce certificate of participation so sign up today! Learn more @ #linkinbio #Gaisce #Gaisce35 #BulbsForBees #Meath

**Home Economics**

Thanks to Ms N McCarthy for the photos from her TY Home Economics group who made Halloween cupcakes on Tuesday 19th October 2021 to get into the spooky season before we break before the midterm. Well done to all. #practicalskills



**Thanks to TY Journalists Alannah Dunican and Aoibheann Shortt for this match report on the Girls U16's Ashbourne CS v Ratoath College**

Great start to the u16's girls football team with an excellent win over Ratoath College on a score line of 13-24 to 5-3 on Wednesday 20th October 2021. Well done to both mentors, Ms. O' Connell and Ms. Mc Cabe on the great win, as well as all the team. They created many chances in the first quarter and took the lead fast. It was a game the girls controlled throughout and won comfortably. It was great to see the team work so well together. There were 26 players brought to the match and every player played their own part in the game. It was great to see the younger girls get a game and show how talented they are. Every girl worked together.



This season should be a bright one for these girls. It is great to see our extra-curricular back up and running again. We look forward to many more matches over the coming months. We encourage students to get involved in extra-curricular activities in ACS. It's a great way to make friends and feel part of the school community. Without the staff volunteering to run extra-curricular activities they wouldn't happen so a big thanks to the staff who mentor teams and groups.

#playyourpart #teamwork #gaa

By TYs, Alannah Dunican and Aoibheann Shortt

### SPHE Noticeboard

Great work by TY students Alannah McKane, Jessica Folan and Laura McNally, under the guidance of SPHE Coordinator, Ms Hanahoe on this SPHE noticeboard to highlight the Financial Awareness Week from Monday 18th to Friday 22nd October 2021.

#financialliteracy #financialwellbeing

### Senior Boys GAA

Congrats to the Senior Boys football team who convincingly beat St Patrick's Classical School Navan, 5-12 to 0-7 on Tuesday 19th October 2021 in the Senior GAA 'A' League. Well done to the players and management, Mr Gibney and Mr Cullen.

### #ThinkLanguages

TY students in our school are getting ready to hold the #ThinkLanguages day on 22nd November 2021. TYs from all over Ireland will join in a national celebration of languages on 22nd November 2021 and host #ThinkLanguages in their school. Our TY students are preparing and organising for the day. We are inviting local speakers and business to take part and support our event by holding different workshops. We will keep you updated on all of our progress. Thanks to Ms Leyden, MFL Coordinator and the #ThinkLanguages TY Team.

### Financial Awareness Week

The final slides of our Financial Awareness Week presentation created by TY student Robert McLaughlin. During Financial



Awareness Week before midterm, we looked at the importance of healthy savings and healthy spending habits from a young age. Well done Robert. Thanks to Ms Hanahoe for the info.

#FinancialWellbeing

### Why is Financial Awareness Important?

Financial Awareness is important because **it equips us with the knowledge and skills that we need to manage money effectively**. Without it our financial decisions and the actions we take or don't take reduces **opportunity** for success.



### TY Music

TY music learning new instruments on Thursday 21st October 2021. Well done guys. Thanks to Mr O'Donnell for the photos.

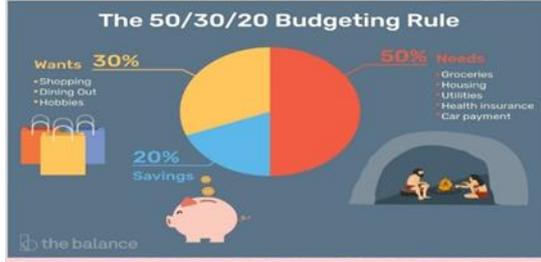
#music



Thanks to TY Journalist, Olivia Hanley for this article on the TY Dance and Drama Workshops with Grainne Kennedy.

On Thursday 14th and 21st of October 2021, all TY base classes took part in dance workshops with the TY show choreographer, Grainne Kennedy, from @gk\_stage\_academy in the Community Centre hall. In these workshop TYs participated in fun drama warm up games, e.g. having to act out certain objects with our groups and acting out a

### 50/30/20 Rule? What is it?



- 1 Set a goal or goal(s) - Is there something that they really want? Or do they want to do something really fun on their holidays? Sit them down and plan a savings goal.
- 2 Open a savings account - Bring them with you to open a savings account. It will show them where all of their money is going and teach money management.
- 3 Most importantly, KEEP IT FUN! Teaching your children about money should be fun and encouraging so that they enjoy the learning experience.



certain topic that had to be frozen like a picture. Another activity was we had to be act out a boxing match, but everyone had to 'freeze' so it looked like a picture. These games really encouraged teamwork and were incredibly fun to take part in. After this, we all took part in beginner dance moves as a warm up before learning the jive, an 8-count dance, to Elvis Presley over the course of both Thursdays. All TYs really enjoyed these workshops and they are many talented and enthusiastic TYs ready for the stage! . Everyone had great fun and thank you to Grainne for returning to ACS again for these workshops in preparation for this year's TY show. The workshops were all about bringing us together to gel the groups for the TY Show before Easter. Grainne will return to us in ACS in January as she is currently rehearsing for the Panto.

By Olivia Hanley, TY Journalist.

#### **Ashbourne Rugby Club**

Well done to ACS students and @ashbournerfc players, Sean Lambe, Enda O'Brien and Danny Holmes. They had great performances and were on the victorious NE Leinster U17 team at Donnybrook on Friday 29th October 2021. Well done lads. Photo and info from @ashbournerfc

#### **Thanks to Daimhin O'Rourke for this article on TY Japanese in Term 1.**

In TY Japanese we learned how to make different shapes with origami, for example, a frog, crane, and ninja star. I really enjoyed origami. Origami is the art of paper folding, which is often associated with Japanese culture. The word "origami" is used as a term for all folding practices, regardless of their culture of origin. We also learnt to pronounce the numbers in Japanese and played sudoku to help us learn Japanese numbers. We are currently working on our Japanese projects for our end of module grade. It is great to get a chance to learn a new language and about a new culture. Thanks to Ms O'Dwyer for making the subject very interesting.

By Daimhin O'Rourke, TY student



**Thanks to TY Journalist Eve Flannery for this article on TY Mini-Companies.**

TY has many opportunities to be creative and share it with other people around the school community. One of the ways is by setting up a mini-company. This year there has been huge interest in selling ACS crested products. Students think of ideas to promote the school by making products that they can customise with the school crest or students initials to make their products more personal to them. Some products include gear bags, gloves, shorts, jerseys and hats. Students have the responsibility to contact companies to design their products and give their ideas for what they want on the product. This is a great way to promote the school by giving students the opportunity to create the products. There are valuable business lessons to be learned. Skills will be developed including teamwork, communication, marketing, money and time management skills. Mistakes may be made but those companies will learn from the mistakes and move on. Details of the companies in TY this year will be revealed after midterm. Well done to all involved.  
#minicompanies #playyourpart



**Thanks to TY Journalist Aoife Rooney for this article on #andshecycles.**

#andshecycles is a national campaign that wants to encourage teenage girls to get back on their bikes. #andshecycles focuses on encouraging young teenage girls to cycle while finding out and discussing why cycling is just not for them. Why are teenage girls avoiding the bike as a way of transport? This could be because of peer pressure, cycling being perhaps uncool and even harassment on the road from young men. We hope to change these issues that are happening through many ways, by discussing the reasons why teenage girls are not cycling. We want to help those students who might otherwise cycle to continue to do so or begin to do so in the future. We're really looking forward to beginning this campaign to raise awareness of these issues. Thanks to Ms Hughes for working with us every Tuesday on our campaign.  
By Aoife Rooney, TY Journalist



**Thanks to TY Journalist Amy Spratt for this article on Class Coyle PE class.**

Class Coyle are currently completing our first TY PE project. Our project is to complete a 2-3 minute video focusing in on a sport and one component of fitness that we hope to improve. We pick a goal to achieve and create a training plan with drills on how to improve our chosen goal. We each individually choose 3 fitness components and a sport, but we work in groups of 3 for filming drills. This is helping us to develop our teamwork skills. Over the past 2 weeks we tested our 3 chosen fitness components to find the one we hope to improve by the end of our project. We have tested these by doing various drills. Some examples are a 1km run to test your cardiovascular endurance, the Illinois test to test our agility and a standing long jump to test power. We then compared our stats to normative data. Our next step is to choose a goal and create 3-5 drills and a training plan to achieve this goal.

Big thanks to Mr. Murphy for all the help so far and for giving us all a great insight into the exam subject, Leaving Cert PE.

Looking forward to completing the project when we come back after midterm!

By Amy Spratt, TY Journalist

### World of Science

TY World of Science classes have been exploring topics from across the science disciplines and carrying out interesting activities and experiments.

>**PHYSICS:** Designing and building blow darts to investigate aerodynamics; Making pinhole cameras to explore optics; Carrying out experiments to investigate Newton's laws of motion and sound waves.

>**CHEMISTRY:** Flame tests to identify specific elements in a material; Investigating best remedies for indigestion.

>**BIOLOGY:** Using microscopes to investigate different plant and animal samples (and taking great photos); Studying field of taxonomy, how to preserve plants and give accurate details of observations; Carrying out dissections of a pig's eye and sheep's heart; Exploring musculoskeletal system, what can



TY Science Competitions



go wrong, and the emerging field of Biomedical Engineering; Learning about importance of DNA molecule and extracting DNA from plant tissue; Building cell models, Faderera Owoade (winner, see photo); Learning about respiration.

**>SPACE EXPLORATION:** Learning about challenges faced by astronauts carrying out work in ISS; Making 'Golden Record' messages, inspired by Voyager spacecraft and their search for extra-terrestrial intelligence.

**>AGRICULTURAL SCIENCE:** 4 groups are entering the Angus Beef Schools Competition to win and rear 5 angus cattle for 18 mths.

Each entry creates 3-minute video around a theme, e.g. 'Genetics, Sustainability, etc.' Only 5 finalists will be chosen nationally. In class, TYs studied: Genetics and Genomics:

Innovation in Agriculture; Sustainable Intensification; Agricultural Crises and Farm Economics. **>PROJECT SCIENCE:** Students have been planning their experiments and research projects. Topics range from the connection between our sense of taste and smell, to bat surveys and the positive and negative impacts artificial intelligence might have on our world.

**Congrats to Matthew Feane and Aaron Maher, who have been accepted to compete in the BT Young Scientist and Technology Exhibition with their 'T.O.F.A.S (The Outdoor Fire Alert System)' project, which aims to develop a prototype smart fire alarm for forest fires. They will be taking part in the online exhibition and competition in January.** Thanks to Ms Dornan and all TY Science teachers.

**Thanks to TY student James Keller TY Class Coyle for this article on TY Class Coyle Religion class in Term 1.**

Class Coyle are currently learning about the different cults around the world, some of which include The Manson Family, The Illuminati and The House Of Prayer. This subject is remarkably interesting because it gives us a glimpse of what life is like inside of a cult. Most members of these cult members are brainwashed and manipulated by their twisted leaders. It's quite interesting to learn about their beliefs and how cults differ from religion. Our teacher Ms McCarthy is excellent



TY World of Science



at making topics we cover very interesting. TY in general has given us so many more opportunities to learn about more uncommon topics that interest me greatly in all subject areas.

By James Keller, Class Coyle

**Thanks to TY Journalist Alannah Dunican for this article on TY Young Social Innovators - Make the Right Move Online - a group from Ms Mongey's YSI class.**

YSI is about encouraging young people to re-imagine the world and empowering them to bring their vision to life. Young Social Innovators (YSI) is a non-profit organisation that empowers young people to use their talents, insights, passion and creativity to come up with innovative solutions to social challenges. Through fun and engaging programmes, students are supported to create team-based action-projects on issues they care about, putting their innovative ideas into action to bring about positive social change for the benefit of people, communities and the environment.

**Make the Right Move Online** are a group of TY students hoping to promote internet safety as part of our YSI programme. We have several ideas and one of them is to create a SPHE lesson plan for our 1st year students about the dangers online. We hope to spread awareness about the dangers online and promote safer ways for students to enjoy social media. Please follow our progress on Instagram @maketherightmoveonline  
By Alannah Dunican, TY Journalist

**Thanks to TY Journalist, Amber Finglas for this article on Ms Jupe Young Social Innovators Class.**

Young Social Innovators is a "social awareness and active citizenship and education programme" for 15- to 18-year-old teens in Ireland. Its main goal is to get young people involved in action which helps improve the lives of others in their community. Currently Ms Jupe's group of TY YSI students are cleaning the courtyard. We are going to do it up and make it colourful and fresh. We have started with clearing the leaves and are hoping to paint a mural. We are also working



on making sports days for the 1st-3rd years and TY students. We handed out a survey asking what their favourite sports are, how much sleep they get and if they drink caffeinated drinks. We are hoping to spread awareness about staying fit, getting enough exercise, and eating the right foods throughout the whole school, our family and friends. To do so we are going to make an Instagram page to show our progress and to let everyone know when our events will take place. We hope to get all the years involved throughout the year. We look forward to do more initiatives for our YSI project and for our school throughout the year. We will keep you all posted on our progress. Thanks to Ms Jupe for her support and guidance.

By Amber Finglas, TY Journalist

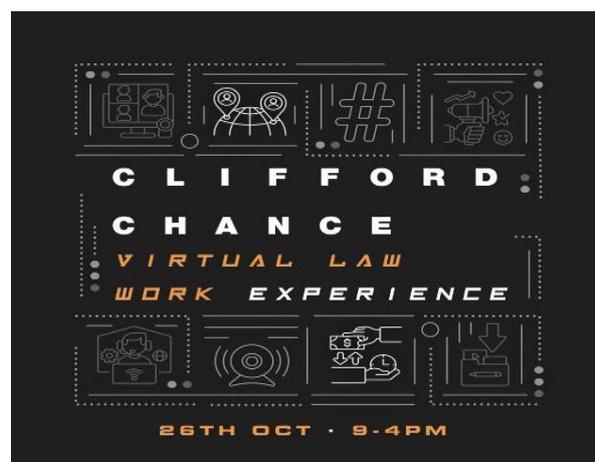
### **Houses of the Oireachtas Virtual Work Experience Programme**

News just in that following a detailed application process in the last few weeks, TY student Emma Gallagher has secured one of the very limited places on the Houses of the Oireachtas Virtual Work Experience Programme in November 2021. What a wonderful opportunity. Best of luck to Emma and we look forward to hearing all about it. #TYopportunities

### **Clifford Chance Law Virtual Insight Experience**

Well done to TY students Amy O'Leary and Matthew Feane who successfully secured places for the Virtual Law Work Experience with Clifford Chance on Tuesday 26th October 2021. Clifford Chance is one of the world's biggest law firms and they wanted to give students the chance to get an insight into the legal industry within a magic circle firm. The students heard from the most experienced lawyers and solicitors in workshops specifically designed for this event, as well as having the chance to ask questions. Well done to Amy and Matthew for giving up a day of their midterm break to complete this workshop.

#tyopportunities



## Business

In the TY Business classes, all students have completed a CV, and letters for work placement and a part-time job. This has prepared them for the world of work, along with the work placement induction workshop completed in early September 2021. Students completed an online employment application form. They researched the rights and responsibilities of employees, as well as the Protection of Young Persons (Employment) Act, the Employment Equality Acts and the Unfair Dismissals Acts. In October 2021 the students analysed the National Budget 2022. They completed a variety of individual and group activities on a handout for Financial Awareness Week. They started their Career Investigation assignments also. A number of TY students set up mini-companies.

## ICT

All students in TY ICT have had the opportunity to advance their typing skills by using the monitored typing site, typing.com. Students have also learned about effectively using their Office 365 account, including the features of Outlook, Teams, OneNote, OneDrive and Word. Students have completed either completed Word or PowerPoint assignments. Students started the online course, TY Bundle from the International Academy of Computer Training. This course is self-directed course, with sections on Computer Skills, Career Skills, Driving Skills, Personal Skills, Compliance (Health and Safety), Customer Experience and Citizenship. Modules in the Computer Skills Section include PowerPoint for Students, Word for Students, Teams for Students, Outlook for Students, Computer Essentials, Online Essentials, IT Security, Excel for Students and Access for Students. Certificates are issued for all modules completed within each section. Great opportunities to improve the achievements section in the CV. All TYs will get a chance to do some web design and coding during the year.



**Useful info from [www.careersportal.ie](http://www.careersportal.ie) for TY, 5th and 6th years**

In Senior Cycle, preparing for the Leaving Certificate while also trying to research, plan and make college applications can be difficult tasks to manage all at the same time! It can be easy to miss some of the wide range of important deadlines, events and information that are constantly coming your way throughout TY, 5th & 6th years.

Every week Careers Portal will publish a Senior Cycle Weekly Checklist for you to check to make sure that you do not miss a thing! You can also check out our School Community area for more information and useful links for career research, applying to college and much more.



What an eventful first term! We have had lots of opportunities and we hope this gives you a flavour of them. We look forward to an educational and fun filled Winter term. We have attempted to include as much as we can in this Autumn Edition of the TY Bulletin for 2021. There is a lot more going on in TY particularly inside our classrooms which we will let you know in our next 4 issues. We hope that we have given a flavour of life as a TY student in ACS. Wishing the students, families and staff of ACS a safe and happy Halloween. Be mindful of each other and those who may not like Halloween. Also be careful of pets. 🍷



**Thank you to every employer who has taken on a TY or LCA student for work placement on Fridays, particularly at these challenging times. We really appreciate it. Well done to all the TYs and LCAs who are grateful to be able to do work placement in local businesses and organisations. Please support local businesses where you can. Thank you.**



charliemackesy

